

# SIS20419 CERTIFICATE II IN OUTDOOR RECREATION

## Course Overview

This program will provide the students with specific skills and knowledge to achieve competencies that will enhance employment prospects in the Outdoor Recreation industry.

## Aims

Outdoor Recreation provides students with opportunities to explore a variety of outdoor recreation activities while developing fundamental skills such as communication, resilience, team work. The fundamental competencies that students are required to perform form a terrific foundation for a life in the outdoors.

## Duration

The duration of this course is one year. Classes will be run on a during the school day however on weeks where students are required to attend excursions they will be expected to attend up until 4:30/5pm on particular weeks (roughly every 3<sup>rd</sup> week).

## Enrolment

Students must have an interest in the outdoors, enjoy activities such as surfing and hiking and be willing to attend overnight camps. Students must also have a certain swimming ability to participate safely in this course. This is a hands- on course with both theoretical and practical assessments.

## Pathways

Students must successfully complete this course in order to progress to Certificate III in Sports, Aquatics and Recreation (Partial Completion).

This course is 50% theory and 50% practical



Students interested in the Sport and Recreation Industries are invited to apply.

### Contact

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## Course Content

### Units 1 and 2 Core

|            |   |
|------------|---|
| HLTWHS001  | Participate in workplace health and safety                |
| SISOFLD001 | Assist in conducting outdoor recreation sessions          |
| SISOFLD002 | Minimise environmental impact                             |
| SISXIND002 | maintain sport, fitness and recreation industry knowledge |

### Electives

|            |   |
|------------|---|
| SISOBWG001 | Bushwalk in tracked environments        |
| SISOFLD006 | Navigate in tracked environments        |
| SISAQU002  | Perform basic water rescues             |
| SISOSRF001 | Surf small waves using basic manoeuvres |
| HLTAID011  | Provide First Aid                       |
| SISXFAC001 | Maintain equipment for activities       |
| SISXEMR001 | Respond to emergency situations         |

### Contribution to VCE

Students undertaking this certificates are eligible for up to two VCE VET units on their VCE or VCE- VM statement of results at a Unit 1 and 2 level.



Students demonstrate their knowledge and skills of the core units of competency through participating in a range of outdoor activities including:

- Surfing
- Hiking
- Water rescues
- Surf camp (3 days, 2 nights)
- Hike Camp (2 days, 1 night)

#### *Possible Career Pathways:*

- *Outdoor Recreation assistant*
- *School camp activity assistant*
- *Water sports activities assistant*
- *Outdoors supplier retail assistant*